



Somerset Association of Local Councils (SALC) are working with Somerset Council Public Health to help support Somerset's city, town and parish Councils to actively engage in and deliver, Community Health & Wellbeing projects locally.

The Community Health & Wellbeing Programme is about us helping you to support your communities to live happier and healthier lives.

Community Health & Wellbeing Grants Awarded

60 Grants from £600 to £35,000

TOTALLING OVER £565,000

48* to individual councils

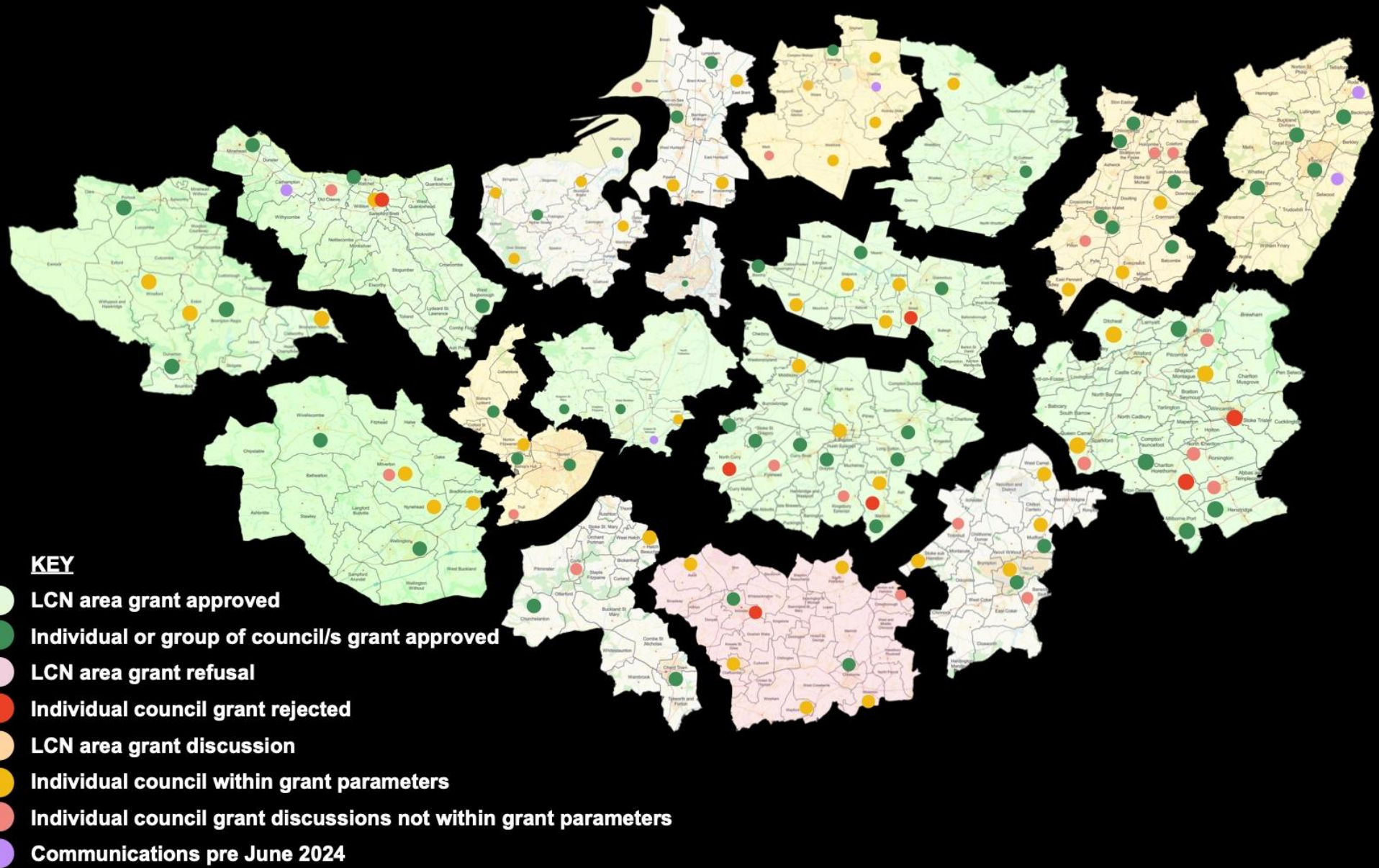
8* to Local Community Networks

- representing 169 separate parishes

**Which means well over 50% of Somerset parish, town or city council areas
have benefited from Community Health & Wellbeing Grants**

(*4 Seed/Scoping grants were awarded followed by project grants)

SALC - Community Health & Wellbeing Mapping May 2025



Community Hubs, Events & Engagement

West Bagborough Parish Council - Enhancing Community Cohesion & Wellbeing

Glastonbury Town Council - St. Dunstan's House
Community Health and Wellbeing Centre and local Mental
Health Wellbeing Support

Meare Parish Council - Meare Spring Community Event

Wellington Town Council - Kings Arms Community Hub

Porlock Parish Council - Porlock Old School Centre
Community Hub

Taunton Town Council - Town of Sanctuary Project

Lympsham Parish Council - Chatty Hour

Somerton Town Council - Community Shed Project

Chilcompton Parish Council - Chilcompton Family Day



Tuesday



**CHATTY
HOUR**

10am-1pm









ST. DUNSTAN'S HOUSE
COMMUNITY HEALTH &
WELLBEING CENTRE



GLASTONBURY
TOWN COUNCIL





"WE WANT MORE SPACE TO HOLD
ACTIVITIES AND INITIATIVES FOR THE
COMMUNITY"



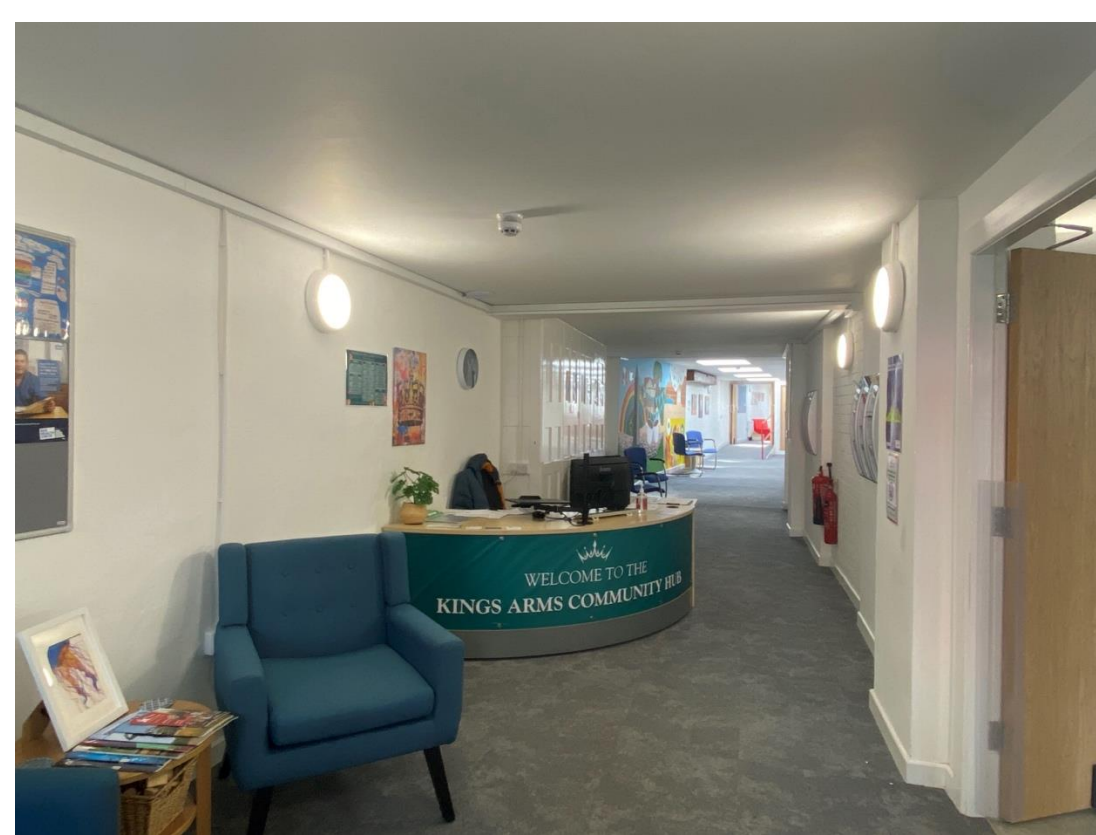


The Kings Arms Community Hub





BEFORE



Current and Planned Usage

- Somerset parent/carer forum- Chill & Chat and parent/carer workshops
- Bluebird Care- Mind & Motion at the Hub- arts & crafts & activities to boost mobility and strengthen memory.
- Thrive- Talking Café with Village Agents.
- Public Health-Wellington Health Visiting TEAM- Healthy Little Ones group and Baby Massage
- Public Health- Free Health Checks for 40–74-year-olds
- Everyone Active- Seated Pilates
- Reminiscence Learning- Community Engagement group and 1:1 support for friends/family and people living with dementia and memory difficulties.
- Live West- Housing support drop-in
- Monument Rotary club meetings & Games club for neurodivergent young people and their parents/carers
- Bright Beginnings Baby & Toddler Café for 0–5-year-olds and parents/carers- run by volunteers
- Move It or Lose It- Seated Movement and Exercise class
- Young Somerset- Umbrella group- targeted youth support
 - Pop-Up-Tots- stay & play for 0–5-year-olds
 - Bold & Brave Community Café
 - Holiday activities for young people
- Employment Hub- Somerset Council
- Court Fields School Chaplain- Drop-in Support Sessions for students during holiday periods
- Somerset Council- Housing support drop-in
- Growing Minds- Baby Spa sessions and early years groups
- NHS Mental Health Support Team- Tuning into Kids and Tuning into Teens Parenting courses.
- Avon & Somerset Constabulary- Community Police drop-in.
- Wellington Community Counselling- 1:1 counselling session's
- In The Mix Project- Drop-in sessions and activities for young people, 0-19 years
- - Gideon Amos MP- Community Surgeries



Young People

Wells & Rural LCN (via Wells City Council) - Rural Youth Provision (scoping)

Hestercombe LCN (via West Monkton Parish Council) - Children & Young People Project

Minehead & Watchet LCN - Children's and Young People Health and Wellbeing Project

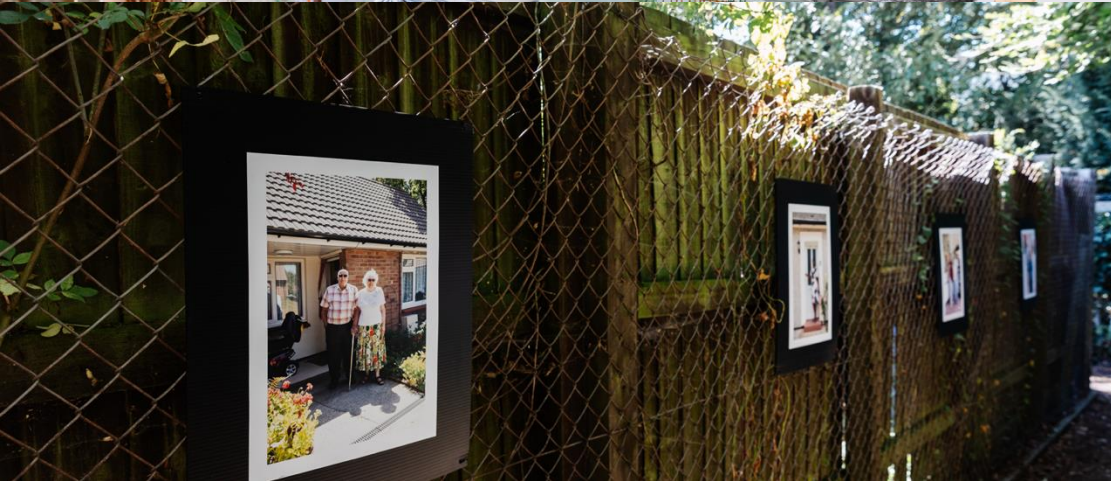
South East Somerset LCN - Youth Outreach Project

Bruton Town Council - Youth Provision Enrichment

Minehead Town Council - Stronger Together: A Wellbeing Project for Minehead Middle School

Shepton Mallet Town Council - Youth Consultancy Research Project





Community Plans, Surveys & Information

Frome Town Council - Adventures in Your Neighbourhood in Frome & Chard

Chard Town Council - KIND Information Network Directory (KIND)
Chard: Communities, Connections, Services all in one place.

Chilcompton Parish Council - Health & Wellbeing Survey

Martock Parish Council - Community Support Working Together
Viability Exercise

Charlton Horethorne Parish Council - Community Plan

Beckington Parish Council - Community Plan

Mudford Parish Council - Community Plan

Batcombe Parish Council - Community Plan

Milborne Port Parish Council - Community Projects and Community
Plan for Milborne Port

The Environment, Food & Growing

Bawdrip Parish Council - Bawdrip Community Garden

Henstridge Parish Council - Henstridge Allotment Improvement

Nunney Parish Council - Old Quarry Gardens (OQGs) Zen & Sensory Community Garden Mini Refurbishment

Exmoor LCN (via Dulverton Town Council) - Moorland Foodbank Food Resilience

West Monkton Parish Council - Community Garden Project

Bishops Hull Parish Council - Allotment Project

Crewkerne Town Council - Bincombe Beaches project

Curry Rivel Parish Council - Cookery Skills Project

Leigh on Mendip Parish Council - Green Socialising Spaces

Lyng Parish Council - Community Garden

Churchstanton Parish Council - Sustainable Farming on the Blackdown Hills National Landscape

Stoke St Gregory - Heart of the Village (Stoke St Gregory) Limited Meals

Yeovil Town Council - Allotments for All





Creative Bridgwater: Your Voice in Arts and Heritage

Help shape the future of creativity
and heritage in our town

Bridgwater Town Council is creating a
Cultural Strategy to guide the future of
creativity in the town.

This means better support for music, heritage,
arts, events, workshops, and community spaces.
... and we want to hear from you.



Art, Creativity & Culture

Bridgwater Town Council - Animating
Bridgwater

Otterhampton Parish Council - Otterhampton:
Growing Together

Axbridge Town Council - Axe Vale Arts centre,
Trial Activities and Events

Nether Stowey Parish Council - Village Stories

Brompton Regis - Crafting Connections

Wellington & Wiveliscombe LCN - Together in
Tone – A musical collaboration for Wellbeing

Community & Public Transport + Active Travel

Avalon & Poldens LCN (via Glastonbury Town Council) - *Step, Ride, Thrive*

Drayton Parish Council - Drayton Link Active Travel project

Iminster Town Council - Community Transport Consultation

Bishops Lydeard & Cothelstone Parish Council - Bike Safety Project

Burnham-on-Sea and Highbridge Town Council - Active Travel

Buckland Dinham Parish Council + other parishes - Frome Missing Link - between Selwood Manor and Spring Gardens

Kingston St Mary Parish Council - KSM –Taunton Active Travel Route

St Cuthbert Out Parish Council - Active Travel Community Day (Wells Eco Week)



**STEP, RIDE
THRIVE** ACTIVE
TRAVEL
PROJECT





Physical & Mental Wellbeing

Levels & Moors LCN (via Langport Town Council)
Loneliness Scoping Project (scoping)

Wiveliscombe Town Council
Health and Wellbeing in Wiveliscombe

Dulverton Town Council
Walking Football

Long Sutton Parish Council
Table Tennis and Boules Project

Watchet Town Council
New Community Sports and
Recreational Initiatives in Watchet

What next?

Our grant programme has closed to applications. But Fodo & Lilly are still here to support parish, town and city councils with any projects related to Health & Wellbeing.

We have expertise in a number of fields including:

- Community Plan Development
 - Event Organisation
 - Fundraising
- Developing Connections

AND we have a small amount of funding to help with the above – ideally for smaller parishes.

BUT we're here to work with all councils.

If you need us get in touch

Fodo & Lilly



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[Visit our Website](#)

[Visit our Facebook page](#)